

COMMUNITY RECREATION RESOURCES

WHAT YOU WILL FIND IN THIS SECTION

This section contains a listing of recreation facilities and opportunities in North Carolina arranged alphabetically by county. The listing includes the following facilities and organizations:

Parks and Recreation Departments can be run by a city or county and usually include parks and other recreation facilities as well as recreation programming. The programs and facilities available vary widely. Some of the larger departments offer specialized programs for individuals with disabilities called “special populations programs” in addition to inclusive recreational activities.

YMCAs and YWCAs also offer a wide range of programs depending on the facility. Membership and monthly fees are often required, but scholarships are available in many cases. Some facilities have made efforts to improve accessibility and offer adaptive equipment and programs.

Cooperative Extension Centers are located in each county and are often a good source of recreation opportunities in small or rural counties. These offices coordinate the state 4-H programs that offer inclusive opportunities for youth with disabilities.

About the Information in this Section

- Please contact each facility directly for information about their programs.
- Facilities and organizations are only listed in the county in which they are located.
- No formal accessibility assessments were completed for any of the facilities listed. Remember to ask about individual accessibility needs.

For more information on parks and recreation departments and services, contact:

**North Carolina Division
of Parks and Recreation**
1615 Mail Service Center
Raleigh, NC 27699
Phone: 919-733-4181
Fax: 919-715-3085
Website: [http://ils.unc.edu/
parkproject/ncparks.html](http://ils.unc.edu/parkproject/ncparks.html)

**North Carolina Recreation
and Parks Society, Inc.**
883 Washington Street
Raleigh, NC 27605
Phone: 919-832-5868
Fax: 919-832-3323
Website: <http://www.ncrps.org>